

VOLUNTEER ROLE DESCRIPTION

WHAT IS VINTAGE VIBES?

Vintage Vibes is a fresh way of tackling isolation and loneliness among the over 60s in Edinburgh – who we call our VIPs.

IS THIS YOU?

We are looking for volunteers with day time availability to be matched 1-1 with a VIP to create a friendship based on shared interests.

OUR GOAL

Our goal is to tackle isolation and loneliness and to encourage VIPs to become more active in their local communities.

YOUR ROLE WILL INCLUDE:

- Visiting your VIP once per week (at their home/elsewhere as arranged) or chatting via phone where appropriate.
- Creating a wonderful friendship with them

MY AVAILABILITY

- You must be free to commit to volunteering for a period of at least 6 months
- Morning or afternoon availability, once a week for at least one hour.

SKILLS AND EXPERIENCE

- No previous experience, just have an open and friendly approach

BENEFITS (VOLUNTEER EXPENSES)

- Face masks, sanitiser and wipes available where required.
- Travel and reasonable volunteer expenses covered

HOW TO SIGN UP:

If you would love to be part of a team of AMAZING VOLUNTEERS, please get in touch with us at: hello@vintagevibes.org.uk or call us on: 0131 343 0955