



VOLUNTEER ROLE DESCRIPTION

WHAT IS VINTAGE VIBES?

Vintage Vibes is an award-winning project tackling isolation and loneliness among the over 60s in Edinburgh – who we call our VIPs.

IS THIS YOU?

We are looking for volunteers with daytime availability to be matched 1-1 with a VIP to create a friendship based on shared interests.

OUR GOAL

Our goal is to tackle isolation and loneliness and to encourage VIPs to become more active in their local communities.

YOUR ROLE WILL INCLUDE:

- Visiting your VIP once per week (at their home/elsewhere as arranged) or chatting via phone where appropriate.
- Creating a wonderful friendship with them.
- Supporting your VIP to re-engage with local opportunities where appropriate

MY AVAILABILITY

- You must be free to commit to volunteering for a period of at least 6 months
- Morning or afternoon availability, once per week for at least one hour

SKILLS AND EXPERIENCE

- No previous experience, just have an open and friendly approach

BENEFITS (VOLUNTEER EXPENSES)

- Travel and reasonable volunteer expenses covered
- Volunteer Induction Training provided
- Regular volunteer meet-ups and additional training opportunities

HOW TO SIGN UP:

If you would love to be part of a team of **AMAZING VOLUNTEERS**, please get in touch with us at: hello@vintagevibes.org.uk or call us on: 0131 343 0955